

# Dog Days of Summer!

**JULY**

**2022 AT**

**A GLANCE**

|   |                   |
|---|-------------------|
| 4th of July<br>BINGO 2:30pm<br>in the Summit                                    | 7/01              |
| Starting Tai Chi<br>with Jan Mason in<br>the Quarry Wed. &<br>Fridays at 1:00pm | 7/06              |
| Ice-cream Social<br>at 2:00pm in the<br>Summit.<br>*Banana Splits               | 7/08              |
| Lake Shetek<br>Pontoon Ride<br>Outing 12:30-3:45pm                              | 7/12<br>&<br>7/14 |
| Dog Show Front<br>Entrance 2:30pm   | 7/15              |
| Movie Matinee in<br>the Quarry at<br>1:00pm Showing<br>"The Sandlot"            | 7/11              |
| Happy Hour<br>Wednesday at<br>2:00pm  | 7/13              |
| Shades of the Past<br>Event at 6:00pm   | 7/13              |
| Sing Along with<br>Beth Wilson in<br>the Summit<br>1:30pm                       | 7/18              |
| Cowboy Camp-<br>fire at 2:00pm in<br>the Summit                                 | 7/22              |
| Christmas in July<br>Party at 2:00pm in<br>the Summit!                          | 7/29              |

## THE BOULDER REMINDER

Boulder Estates Congregate and Assisted Living 601 Village Drive Marshall MN 56258



We often hear about the “dog days” of summer but few know what the expression means. Where did the term come from? And what does it have to do with dogs? Some say that it signifies hot sultry days “not fit for a dog,” others suggest it’s the weather in which dogs go mad. The

Dog Days of Summer describes the most oppressive period of summer, between July 3rd and August 11th each year.

The phrase is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis Major, the Greater Dog. This is why Sirius is sometimes called the Dog Star.

In the summer, Sirius rises and sets with the Sun. On July 23rd, specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun’s warmth, accounting for the long stretch of sultry weather. They referred to this time as *diēs caniculārēs*, or “dog days.”

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun—July 3 to August 11 each year.

**Join Boulder Estates** Friday, July 22nd at 2:30pm as we celebrate these dog days of summer with a Dog Show Fundraiser to raise money for the Tracy Area Animal Rescue. We are inviting the tenants, staff, and the community to bring in friendly dogs that would be presented in our Dog Show. We will be serving hotdogs, snacks and refreshments and special drawing to win a prize for pet owners that participate.



### Welcome our New Tenant Service Team Member Paytyn!

"Hello, my name is Paytyn Lundeen! I grew up in Prior Lake Minnesota where I graduated from Lake High school. I am currently attending Southwest Minnesota State University with a major in criminal justice and a minor in psychology. Going to my cabin on Lake Shetek, spending time with my family and going on bike rides are some of my favorite hobbies. I have enjoyed my first couple weeks getting to know everyone and I am very excited to keep building those relationships and creating memories with all of you!"

## Special Meals at the



### **Omelette Breakfast**

**Tuesday, July 5th at 7am-8:30am**

**Tasty Omelets with all your favorite fixings!**

**Remember you could have your name entered in our monthly drawing to win a free omelet breakfast!**

**Summit Premiere Thursday, July 7th  
11:30-12:30pm**

**Sweet & Sour Pork with an Eggroll OR  
BBQ Chicken with Corn on the Cob &  
Potato Wedges**

**Vegetables include Broccoli Salad OR Roasted  
Zucchini & Summer Squash**

**Drumstick Layered Dessert**

**Night at the Summit Thursday, July 21st  
5:00-6:00pm**

**Pancake Night!**

**Choose your Toppings**

**Choice of Bacon or Sausage**

**Bread Pudding Dessert**

**Refreshments Served Daily at 2:00 (No Charge)**

Feel Free to Pick up a Menu from Georgette at the front desk! Thank you!

Food Council Meeting will be **July 27th at 9:00am**

*\*We know summertime is busy, please remember to call to cancel your meal if you won't be eating.*

*Thank you!*

**Margaret Sawchak  
Director of Dining Services!**



# **JULY 2022**

## **Tenant of the Month!**

**Congratulations  
Eileen Holt!**



Eileen Holt was born and raised in Tyler, MN. After school she went to a business College, worked for CPA Firm, then moved to Denver for sometime, then back to work for Peavey Co and Motorola where she met Arvid. They owned a business of caring for Carver, Scott, and Wright Co radio systems. They lived on 20 acres of trees, swamp with 4 acres of building site, where they enjoyed watching the birds, and farming around them.

After Arvid died in April 2008, she sold their property and moved to Boulder Estates August of 2008. After a tour with her niece, made it an easy decision since her sister and two nieces and their families are in this area and wanted to be near.

Eileen appreciates all the good people living at Boulder Estates that she has met, many over the years, gals doing the cleaning, friendly CNA's and the gals in tenant services who are always willing to help. She enjoys looking out her living room window where she can look down on the memory garden and all the flowers, and plots of veggies. She enjoys the coffee time to visit with other neighbors and friends.

Eileen was chosen as tenant of the month because of her helpful nature. She is always thinking of other tenants and what we could do to improve and help others. She organizes church groups and always keeps the beauty shop pictures up to season.

She will turn 85 years young on July 12th! Blue is her favorite color, she enjoys many foods, some not so much. Coffee would be her drink of choice, but wouldn't turn down a glass of Sherry. She loves to read, and work on genealogy. She has learned the word patience lately is needed and that God is in control would be her words of wisdom.

She would recommend Boulder Estates because you make it your home. We can stay in the apartment or walk out the door and find someone to visit with. The grounds are kept so well and is neat. The bus is available to go shopping whenever needed.

# Prayer Warrior Team

Join our new Prayer Group coming together to pray and intercede.

## Mondays at 4:00pm –4:30pm in the Chapel

- A safe place to ask for prayer with confidence of confidentiality .
- Non denominational– everyone is welcomed.
- \* Can drop prayer request in prayer box



Join us on Mondays at 8:30am or Thursdays at 4:00pm for Newspaper reading and discussion of the news and events in the Books & Brew Room. Special flavored coffee will be brewed!



**Library Outreach** will be here to swap books at the door every 2nd and 4th Thursday of every month at 12:30.

Please give your book returns to Tenant Services before or by 12:30pm and pick up new books from Activities office. Thank you!

You may now reserve the **Boulder Books &**

**Brew Room** for personal parties.

Please make your reservation with Tenant Services. We recommend you follow our Covid Policies for visitors to wear masks.



MAKE YOUR  
RESERVATION



## July Events



Friday, July 1st at 2:30pm Join us for Red, White & Blue BINGO! Wear something Patriotic!

Patriotic Sing Along with Judie Graffunder Wednesday, July 6th in the Summit.

Summer Ice-cream Social serving Banana Splits! Friday, July 8th in the summit.



## LET'S GO FISHING

Lake Shetek

Lets Go Fishing Lake Shetek Pontoon Rides July 12th & 14th at 12:30pm-3:45pm Please sign up by July 8th. 10 available seats each ride.



Shades of the Past will be coming

Wednesday, July 13th starting at 6:00 in the summit with root-beer floats and door prizes after enjoy a ride in classic cars for all who are interested.



Cowboy Campfire- Friday, July 15th at 2:00 in the Summit. Enjoy some classic campfire songs, treats, and games that bring the good outdoors,

indoors! Dress up in your favorite Cowboy/Western gear! Cowboy hat, belt buckle, boots etc.

Music Entertainment Sing Along with **Beth Wilson** Monday, July 18th at 1:30pm in the Summit!

*Dogs Days of Summer Dog Show* Friday July 22<sup>nd</sup> at 2:30pm outside the front entrance- Raising money for Tracy Animal Rescue. Inviting the community to bring in dogs to do a trick or walk through. Will have snacks, hotdogs, and refreshments. Free will donations



Picnic Outing to Camden State Park Thursday, July 28th we will be leaving at 11:15 on the Community Transit. Please sign up for lunch by July 20th!

Christmas in July Party Friday, July 29th at 2:00 in the Summit Wear your favorite Christmas gear or RED & GREEN!



# **WELCOME TO THE Neighborhood**

Please join me in welcoming our new Tenant!

\*Lou Galbraith Apt. #322



## **Boulder Lil' Store**

### Help Keep our Lil store OPEN!

*If you don't use it we will lose it !*

**Mondays 9:00am-10:30am**

**Wednesdays 3:30pm-4:30pm**

**Fridays 9:00am-10:30am**



Phyllis Dering 7-01

Sheldon Steele-7-06

Marian Naab 7-11

LeDonna Potter 7-11

Eileen Holt 7-12

Cheryl Wyffels 7-17

Ed Scheele 7-21

Alice Skorczewski 7-21

Gladys Hellie 7-22

Meridel Smisek 7-24

Roger Hanson 7-24

Dorothy Barck 7-25

Bea Dubbeldee 7-25

*\*Make sure you turn in your birthday sheet ASAP and return to Tenant Services so we can fill out your B-day Boards and take a photo!*

*\*Birthday Boards photos will be posted on Communication Board and Apartment Doors!*

**Tenant Lead Card Games  
Here at Boulder!**

## **1st Floor Activity Room**

**Open Cards 6:00pm Every Evening!**

**In the Quarry \*Located on 2nd floor**

**Tuesdays: Farkle 6:00pm 10 cents per game**

**Thursdays: Pepper 6:30pm 25 cents per game**

**Fridays: Dominos 6:00pm 25 cents per game**

**Sundays: Ponytail 1:00pm 50 cents per game**



Join other family members to share your thoughts, ideas, and concerns. Help impact the quality of care and quality of life for your loved ones! Please Contact Jim Knudson at [jim@boulderestates.org](mailto:jim@boulderestates.org) or Monica Amaya at [monica@boulderestates.org](mailto:monica@boulderestates.org)

**Wednesday, June 27th at 12:00 Noon**

**at Boulder Estates in the Books & Brew Room.**

## **Boulder Support Group**

Changing to Every 3rd Monday at 1:00pm in the Chapel!

A private place for anyone who would like support for mental health or emotional challenges and would like to meet others to create a support network.



**City Band Concerts** at Liberty Park Starting Wednesday, June 8th beginning at 7:00pm (Weather Permitting) through July 20th. Please let Monica know if you are interested in riding the bus by Monday before.

\*Free of Charge everyone is welcomed!

# Upcoming COMMUNITY EVENTS





# Goodbye JUNE



Make sure you check out & LIKE the Boulder Estates Facebook page for pictures and videos of all of our events. Invite your family and friends to check it out!

 Find us on Facebook

## Tenant Council REMINDERS!

\* Front Door Entrance will now be unlocked during the week 8:00am-6:00pm **ALL Visitors still required to wear masks & Screen in.**

\*Business Section of the Newspaper in the Lobby has gone missing, please read and leave all newspapers in the Lobby.

\*Grocery carts by front entrance are now in the first floor TRASH ROOM.

\*Please don't over tighten the Nu-Step for the next person.

\* Front Entrance Parking for Dog Show July 22nd will be blocked off on the from 9:00am-5:00pm **Southside ONLY!**