

he Boulder Reminder

Boulder Estates Congregate & Assisted Living 601 Village Dr. Marshall MN 56258

December at a Glance

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130	

THROW

kindness

AROUND LIKE

Let there be kindness at Christmas, for one and all, Let others know the dove of peace has come to call. Let others see that with you, Christmas can be kind, Leave spoonfuls of joyfulness for others to find. Distribute your smiles, let them float to those around, So when the smiles reaches them, happiness is found.

Let there be understanding at Christmas this year, Let others know that your forgiveness is now here. Let others see that with you, hate does not belong, That with you, they will once more find hope and feel strong.

Open up your heart, and let them know that you care, And that when tomorrow comes, you will still be there.

Samuel Lutheran Piano Recital	12-5 & 12-12
Santa Visit & Lights Tour	12-07
Joslynn Rose Live Music	12-08
Gingerbread House Decorating	12-13
Museum Tree	12-15

Celebrate the Holiday Season with us! Kick Off to Christmas! Dress Up Week!

Monday, Dec. 4th Merry Monday-Wear Green & Red or Favorite Christmas Clothing

Tuesday, Dec. 5th <u>Toasty Tuesday</u>-Wear Favorite Cozy Holiday Sweater

Wednesday, Dec. 6th Candy Cane Day Wear Red & White or lots of Stripes

Thursday, Dec. 7th Holiday Hats-Wear your favorite Hat or headband Santa hat, Elf, Reindeer ears, Etc.

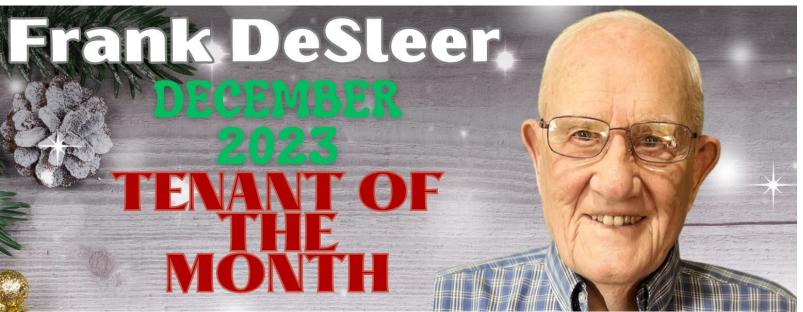
Friday, Dec. 8th Holiday Bling-Wear your Christmas Jewelry or Sparkly Clothing!



Year to

Remember

12-29



I was born in Nicollet, Minnesota. I moved to Marshall when I was 1 year old and lived on the farm or in Marshall ever since. I graduated from Marshall High school in 1950. I was a farmer and then a custodian for Marshall Public Schools for 26 years. I met the love of my life, Helen on a blind date in 1953 in Tracy. A year later we were married and we have been married almost 70 years. We have 4 daughters, 13 grandchildren, and 28 great-grandchildren.

I've lived at Boulder Estates for a little over 5 years. We came because my wife Helen and I figured we needed a little more help than we could get at home.

What I like best about living here is Boulder is like a family. It is what you want to make it. If you want privacy you can stay in your apartment and they'll even bring you your meals, and good meals too! If you want activities you come out and there are people to talk to and all kinds of activities to do. I like to attend Bingo, Pokeno, and Men's group. I also enjoy the music and entertainment that is brought in for us too.

My favorite memory is sitting outside by the flower gardens with other tenants talking to them and enjoying the nice flowers when it's nice and warm.

I would very much recommend Boulder Estates as a place to live because I wouldn't live anywhere else at this time.

Frank DeSleer was chosen as our Tenant of the month because he is a great example of someone who lives life to the fullest! He always has positive attitude with a great big smile. He is a good neighbor and friend to other tenants. He is one of the most grateful people we know thanking God for all the big and small things in life.

Frank will turn 92 years young on December 3rd. His favorite food is steak and real American fries. He enjoys his coffee. His favorite color is blue. A hobby he enjoys is fishing. He likes to listen to Country Western music. A few words of wisdom from Frank: "Let there be peace on Earth and good and shelter for everyone."





1st Floor Activity Room
Open Cards 6:00pm Every Evening!

In the Quarry *Located on 2nd floor
Tuesdays: Farkle 6:00pm 10 cents per game
Thursdays: Pepper 6:00pm 25 cents per game
Fridays: Dominos 6:00pm 25 cents per game
Sundays: Ponytail 1:00pm 50 cents per game

MEET OUR NEW FULL TIME HOUSEKEEPER

Darlene Kruger



Darlene has three children. Two boys and one girl. She enjoys getting together with family and playing Bingo on Friday nights. She worked at Schwans for 34 years in the Ice-cream Plant.

Special Meals at the Summit!

Omelet Breakfast

<u>Tuesday, December 5th</u> 7:00am-8:30am

Tasty Omelets with all your favorite fixings!
Remember you could have your name entered in our monthly drawing to win a free omelet breakfast!

<u>Boulder Christmas Meal</u> *Tenants Only! Free No Charge

Wednesday, December 20th 41:45-42:30

Hors D'oeuvres: Veggie cup, Relish Tray, Cheese with Crackers and Pickled Herring.

Main Course: Ham, Sweet Potato Casserole, Mashed Potatoes & Gravy. Corn Casserole.

Dinner Roll

Dessert: Peppermint Ice-cream Drink: Fruit Punch

Please call to cancel meal or make reservations one week prior No Guest attendees

<u>Food Committee Meeting</u> will be held Tuesday, December 26th at 2:30pm in the Books & Brew room



Please Welcome our New Tenants!

Doug & Helen Devereaux Apt. #332,

Dorothy Swedzinski Apt.#131

Jody Mohr Apt. #344

David Klein Apt. #133

Daryl & Pat Hasberg Apt. #228

Patricia Rosa Apt. #326



Avera Lab Draws!

Will be here Every Tuesday in the 1st Floor Activity room.

*Must Schedule in Advance by the Friday Prior.\$20.00 will be billed to your Boulder Statement at the end of the Month for this Service.

*If you have any questions or concerns talk with one of our Nurses

537-2412 to schedule!



THE 11th Annual INDOOR CHRISTMAS TREE WALK

You can Vote for our Boulder Tree by Donating money in Jar Located with Georgette ALL PROCEEDS GO TO LYON COUNTY MUSEUM



Lil' Store

Located on 2nd Floor

Mondays: 3:30-4:30pm Wednesdays: 3:30-4:30pm

Fridays: 9:00-10:30am

*Special Orders needed on <u>TUESDAYS</u> to Monica!

ENTER TO WIN A GIVE AWAY!
MONTHLY DRAWING AT TENANT
COUNCIL.-WHEN YOU SHOP AT THE
LIL STORE!



Grace Wegner 12-02
Frank DeSleer 12-03
Wayne Beatty 12-07
Daryl Hasberg 12-07
Joyce Sustacek 12-12
Judie Graffunder 12-12
Shirley Javens 12-18
Howard Swanson 12-18
Ginny Musser 12-20

*Make sure you stop by their rooms or Lobby to see all of the Birthday Board photos! Staff Birthdays on 1st floor Information Bulletin Board.



Library Outreach
Delivering Books

ONCE a Month! Thursday, Dec. 21 TIME 10:20am! Front of Activity Office

Be on the Lookout for
Boulder's Mischievous Elf!
He can't wait to help us
celebrate this holiday
season! If you see him make
sure to <u>Take a Selfie with</u>
the Elfie! So we can post
what he's been up to on
Facebook!



Deck the Halls Friday, Dec. 1st at 2:30pm- Gather in the Summit as we divide up in groups to decorate all our Boulder Christmas trees around the building.

Scriptures & Scones Advent Study <u>Mondays in December</u> at 10:00am in the Chapel- Advent Study "Because of Bethlehem Love is Born Hope is Here" by Max Lucado. Enjoy a cup of coffee and a warm scone.

Samuel Lutheran Students Piano Recitals Tuesdays, Dec.5th & 12th in the Summit. We will open at 1:00pm recital will begin at 1:30pm, Snack will be offered after.

Santa Clause is coming to Town Thursday, Dec. 7th at 1:30pm in the Lobby get your picture taken with Santa as he hands out Christmas goodies!

Light up the Night Tour Dec. 7th at 4:30pm Join us as we take a trolley ride to see the magical Christmas lights at Independence Park and a few homes around town. *Please dress warm and bring a blanket!*

Kick off to Christmas Social Friday, Dec. 8th at 2:30pm in the Summit with a Special Music Performance by *Joslynn Rose!* She will astound you with her Beautiful singing and angelic voice. She recently competed on NBC'S Hit Television Show "The Voice."

Holiday Baking at Golden Girls Tuesdays Dec. 12 & 19 starting at 9:15am in the Quarry. Help us bake your favorite holiday treats & cookies. Recipes are NEEDED! We will serve our treats at our Nativity Program and Christmas Happy Hour!

Decorate a Gingerbread House with us! Wednesday, Dec.13th at 2:00pm in the Summit Marshall High school Student Council will be here to help and have fun!

Christmas Movie Showing Friday, Dec. 15th at 1:30pm in the Quarry. Enjoy a sweet & salty snack with a hot cocoa bar.

Tree walk at Lyon County Museum Outing Friday, Dec. 15th 2:00pm. We will go on an outing to vote on your favorite Tree! Please sign up with tenant services to go or let us know if you plan on meeting us there.

True Light Christian School Christmas Concert-Monday, Dec. 18th at 2:00pm in the Summit 3rd and 4th graders will be coming to perform their Christmas Concert. Stick around to have a snack with conversate with the kids after!

Boulder Nativity Program Thursday, Dec. 21st at 2:30pm and 7:00pm in the Summit. This is our 6th Annual Nativity Program and Candlelight Service. Experience the True meaning of Christmas as Pastors from Living Word lead our service. Please sign up to be in the program or help set up!

Christmas Happy Hour & Ugly Sweater Fashion Show Friday, Dec. 22at 2:00pm in the Summit serving appetizers with alcohol and non-alcoholic drinks followed by our Ugly Sweater Fashion Show! Please sign up to be in the Show! We will be making the homemade ugly sweaters Dec.6th at 1:30pm in the Quarry. Please bring a sweater we will provide the materials!

Monthly Birthday Party 2:00pm in the Summit Help us all celebrate all of our tenants that were born in December! Enjoy Music Entertainment with Guy & Guitar 2:30-3:30pm.

