



The Boulder Reminder


Boulder Estates Congregate & Assisted Living 601 Village Dr. Marshall MN 56258

WHAT TIME IS IT?

TIME TO SPRING FOR SOME LAUGHS!



Spring is virtually synonymous with new beginnings. It's a time when the Earth starts to thaw out from the cold grip of winter, slumbering creatures re-emerge, and dormant vegetation springs back to life. Bees buzz about while the sound of birds singing fills the air. Simply put, spring is the season of renewal. While the season is ripe with fresh starts, blossoming blooms, and many chances to get out and explore, it's also a great time to share some laughs. That's why we've rounded-up some of the best spring jokes we've heard to add even more joy to the cheerful time of year.

- Spring is here! I got so excited I wet my plants!
- Why did the baby chick cross the road? To meet up with her Peeps.
- How does the sun listen to its favorite music? On the ray-dio.
- Why couldn't the sunflower ride its bike? It lost its petals.
- Why couldn't the clock tell time? It needed a hand.
- Why are frogs so happy? They eat whatever bugs them. 
- You never know what you have until you clean out your closet.
- How can you tell spring flowers are friendly? They always have new buds.
- How do you smooch in spring? With tu-lips! 
- What did the tree say to spring? What a re-leaf.
- What kind of shoes do frogs wear? Open-toad sandals.
- I lost all my winter weight, now all I have are Spring Rolls!

March at Glance

Stations of Cross-Q	Every Friday
Bruce Dysthe	3-01
Voting at the Red Baron Arena	3-05
1st Lutheran Church Service	3-06
Mystery Auction	3-08
Walker W/C Clinic	3-11
Brau Brothers & Browsing for Bargains	3-13
Patty's Day Pub & Puzzles Party	3-15
Treava Lundberg	3-20
Library Outreach & Living Word Communion	3-21
Easter Eggstravaganza	3-23
History Club	3-29

MAINTENANCE
EMPLOYEES'
APPRECIATION DAY

March 1st



MAINTENANCE
DEPARTMENT







Boulder Estates wants to acknowledge our Maintenance Employees and all the hard work they put into making our facility run smoothly, from the big fixes to the little messes, and everything in between. Thank you to Jason Jants, Ken Fischer, Jim Schmidt, and Tony Jurrens!

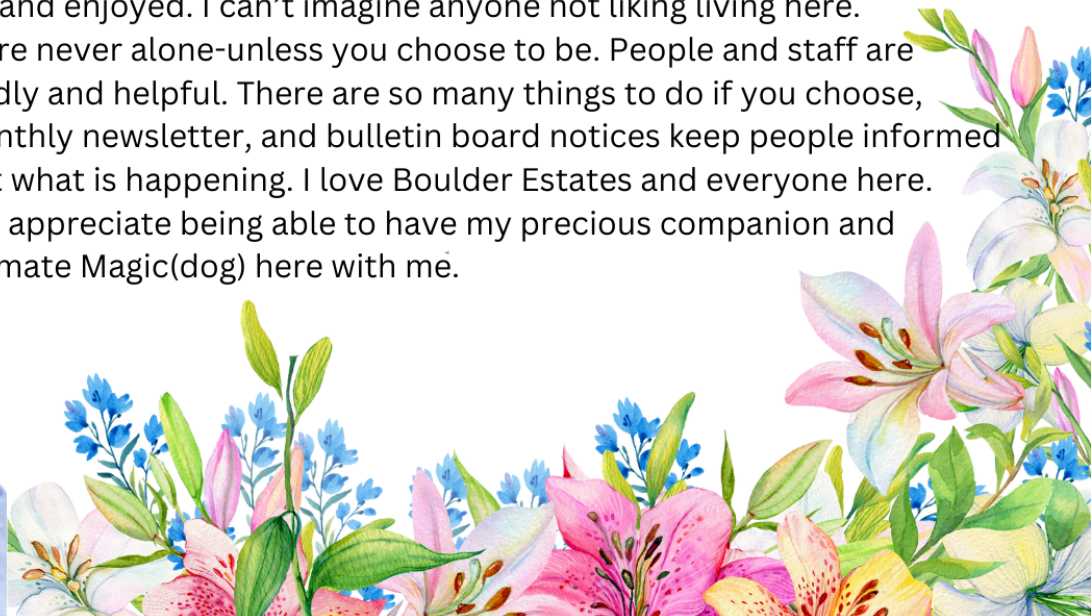
March

Tenant of the Month

Lynne McLaughlin

I was born at the Anna Maria hospital to Dolores and Howard Schultz in 1939. I graduated from Marshall High School in 1957, Stephens College in 1959, and St. Cloud State in 1964 with a degree in Elementary Education with a Kindergarten endorsement. I played French horn in high school and college bands. I also enjoyed playing the piano. Don McLaughlin and I were married in September 1960. We had four daughters. One presently lives in Marshall, and the other three reside in the Twin Cities area. I taught preschool classes at Wee Care Preschool, which I owned and operated for 25 years. We have 6 grandchildren(1 boy and 5 girls) and one great granddaughter. Marshall has been my home pretty much all of my life. Don was associated with McLaughlin and Schultz construction company. We raised our family in the "Hope Harbor House" on High Street. I loved being a mom. I sewed for our girls and loved every new craft that became popular. I usually was very successful with a project so I purchased materials to do several more for family. Then I moved on to new and more exciting challenge. Each time accumulating a great store of craft supplies. Our family were definitely card and game players-something I still find pleasurable. The family enjoyed and appreciated lake life at Diamond & Green Lakes. Winter vacations on Sanibel Island Florida. Boulder Estates has been my home for 14 1/2 years. I came in 2010 following surgery and treatment for pancreatic cancer. My husband was at Morningside Heights Care Center from Fall of 2009 until his death in October 2011. Boulder is my home and staff and residents are my family. The staff is available, encouraging and help make my life good. I treasure relationships with residents and staff; I love all of you! Over the years I have especially enjoyed playing bridge, exercise classes, bible studies, meals out, special events, and craft activities. It has been a privilege to meet new people and make new friends.

Special holiday meals and the Boulder Nativity Program of the Christmas Story are favorite memories of mine. I really enjoyed the bonfire, hotdogs, and s'mores in the recent years. Holiday decorations are always very well done and enjoyed. I can't imagine anyone not liking living here. You are never alone-unless you choose to be. People and staff are friendly and helpful. There are so many things to do if you choose, a monthly newsletter, and bulletin board notices keep people informed about what is happening. I love Boulder Estates and everyone here. I also appreciate being able to have my precious companion and roommate Magic(dog) here with me.





For Presidential Nomination Primary

Residents of Ward 1 will vote on the second floor of the Red Baron Arena, the Marshall Middle School Gymnasium for Ward 2, and the YMCA for Ward 3 on Election Day.

Polls will open at 7am and close at 8pm. Must be a US Citizen, 18 on election day, have been a Minnesota resident for at least 20 days, and show proof of residence in order to register to vote. A list of acceptable documents is available on MNVOTES.ORG and will also be listed on the voter registration form.

If you are unsure if you are registered to vote you can contact the Lyon County Auditor/Treasurer office at 507-637-6724 or the same MNVOTE.ORG website has a tool available to check registration.

Sign up for a bus ride to the Red Baron Arena to VOTE

Tuesday, March 5th

9:00-10:00am

OR

2:30-3:30pm



Delores Arends 3-02

Joe Claeys 3-05

Judy Kesteloot 3-05

Jody Mohr 3-09

Jim Almjeld 3-09

Mary Lou Lange 3-10

Arnie Bot 3-13

Lynne McLaughlin 3-16

Lou Galbraith 3-17

Richard Haneca 3-17

David Cady 3-20

Marie Miller 3-24

Jean VanKeulen 3-26

Mary Ellen Ochocki 3-27

**Make sure you stop by the Lobby to see all of the Birthday Board photos! Located on 1st floor Information Bulletin Board.*



Please Welcome our New Tenants!

**Connie Brau Apt#206,
Mary Eisfeld Apt#215**

Boulder Lil' Store

Located on 2nd Floor

Mondays: 3:30-4:30pm

Wednesdays: 3:30-4:30pm

Fridays: 3:30-4:30pm



NEW HOURS

**Special Orders needed on TUESDAYS to Monica!*



Library Outreach Delivering Books

ONCE a Month!
Thursday, March
TIME 10:20am!
Front of Activity Office





Friday, March 1st at 2:30pm in the Summit-Music Entertainment with Bruce Dysthe.

Tuesday, March 5th Voting Outing for Presidential Nomination Primary bus rides to going to Red Baron Arena Sign up in the lobby for a 9:00am-10:00am ride OR 2:30-3:30pm ride. *We also will be baking for Golden Girls starting at 9:30am in the Quarry for the Hope Harbor fundraiser.

Stations of the Cross- Every Friday during Lent (starting Feb 16th through March 29th) at 1:00pm in the Quarry.

Friday, March 8th 2:30pm in the Summit Mystery Auction is back! Come to bid on fabulous prizes no money needed. Fake money, and paddles will be handed out to bid on a mystery prize you won't want to miss this!

Monday, March 11th at 1:00pm-2:00pm Walker, Wheelchair Clinic-in the Quarry-Big stone and Avera Home Medical Equipment will be here to look over any of your assisted devices wheelchairs, walkers, canes, including electric scooters and wheelchairs.

Wednesday, March 13th at 2:00pm in the Quarry- Movie Matinee "Passion of the Christ" serving popcorn and soda. Any movie requests or suggestions please talk with Tenant Services.

Wednesday, March 13th 11:30-1:30pm Outing Brau Brothers, & Browsing for Bargains- Enjoy a wonderful lunch, shopping at the Avera Thrift Shop & Dollar Store. Sign up to go with us on the bus or meet us there!

Friday, March 15th at 2:30pm in Summit Patty's Day Pub & Puzzles Party! Happy hour with green beer and snacks. Enjoy tables of fun jigsaw, and word puzzles; maybe even dance a jig!

Wednesday, March 20th at 2:30pm Music Entertainment with Treava Lundberg with beautiful vocal and piano music.

Friday, March 22nd at 2:30pm in the Summit Boulder Choir Performance-singing Irish songs and Easter hymns.

Saturday, March 23rd Easter at 2:00-4:00pm Eggstravaganza in the Summit-Families and community (kids 8 & under) are welcomed to enjoy some Easter themed games, photos with the Easter Bunny, real bunny petting area, bouncy house, etc. Free will Donation to Hope Harbor upon entry. We looking for tenants to volunteer to help run stations, set up and clean up. Talk to Tenant Services for information. (NO BINGO will be played Saturday) All tenants and staff are welcomed to join in on the fun!

Thursday, March 28th at 2:30pm in the Summit-BINGO BONANZA enjoy 8 different Bingo games, 3 winners each game, and *don't forget to bring a quarter for last round of Blackout winner takes all!*

Friday, March 29th 2:30pm in Summit -History Club with Jennifer Andries from Lyon County Museum





Tenant Lead Card Games



1st Floor Activity Room

Open Cards 6:00pm Every Evening!

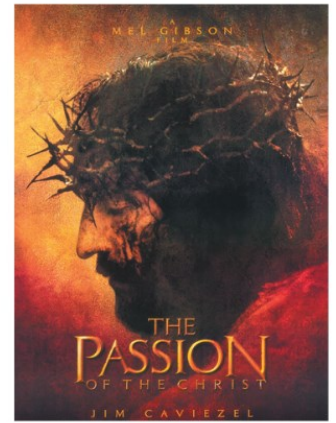
In the Quarry *Located on 2nd floor

Tuesdays: Farkle 6:00pm 10 cents per game

Thursdays: Pepper 6:00pm 25 cents per game

Fridays: Dominos 6:00pm 25 cents per game

Sundays: Ponytail 1:00pm 50 cents per game



Showing: "The Passion of the Christ" March Movie Matinee

Wednesday, March 13th 2:00pm till 4:00pm
in the Quarry *Serving Popcorn & Soda

Special Meals at The Summit!

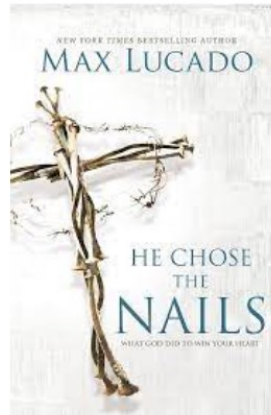
Omelet Breakfast

Tuesday, March 5th

7:00am-8:30am

**Tasty Omelets with all your
favorite fixings!**

**Remember you could have your name
entered in our monthly drawing to
win a free omelet breakfast!**



Scriptures & Scones

Join us for a Bible
Study, Coffee, &
Scones!

Every Monday at
10:00am in Chapel
Video & Discussion

Max Lucado

**"He Chose the Nails"
For Lent 5 sessions**

Summit Premiere

Thursday, March 7th 11:30-12:30

Entree: Creamy Garlic Bacon

Chicken with Macaroni & Cheese

OR Cuban Sandwich with Cheese

Soup

Vegetable: Spinach OR Glazed

Carrots

Dessert: Kentucky Pound Cake

**Food Committee Meeting will be
held Tuesday, March 26 at 2:30pm
in the Books & Brew Room**



Families of residents of Boulder Estates
have the right and are encouraged to
meet for Family Council. Join other
family members to share your thoughts,
ideas, and concerns. Help impact the
quality of care and quality of life for
your loved ones! Every 1st Thursday of
each month Boulder Provides a space
to meet at 5:30pm-6:30pm in the Books
& Brew Room on 2nd Floor!



Find us on Facebook

